



## Emergency Room, Urgent Care or Clinical Care?

When you or a loved one is ill or injured, time is critical. Banyan Consulting Group offers these helpful hints to determine which facility is right for you so you can receive the best possible care.

### Emergency Room

At the ER, true emergencies are treated first. Other cases must wait and there is a very real possibility of an hours-long wait. Plus, it may cost you more.

### Urgent Care

Urgent care treats many minor ailments. Chances are, you won't have to wait as long as at the ER. You may pay less, too.

### Clinical Care

If it's not urgent, it's generally best to go to your doctor's office. They will know you and your health history, as well as have access to your medical records. Your doctor can provide follow-up care, as well as refer you to a specialist.

Walk-in facilities, including Walgreens' Take Care Clinic and CVS' MinuteClinic, are also available at select pharmacies with nurse practitioners and/or physician assistants on-site to provide high quality care to your family. Contact your local pharmacy for more information.

**Please keep in mind that each case is unique. If you think a life is in danger, take action right away. Call 911 or your local emergency number.**

### You should go to the Emergency Room for:

- Heavy bleeding
- Large open wounds
- Sudden change in vision
- Chest pain
- Sudden weakness or trouble talking
- Major burns
- Spinal injuries
- Severe head injury
- Difficulty breathing

### Urgent Care provides assistance with:

- Sprains
- Strains
- Minor broken bones
- Mild asthma attacks
- Minor infections
- Small cuts
- Sore throats
- Rashes

